

### OFSAA Track & Field Records - Midget Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
<b>100 metres</b>	<b>ET 10.89</b>	<b>Keith Dormond</b>	<b>Graham B. Warren JHS</b>	<b>North York</b>	<b>1981</b>
<b>200 metres</b>	<b>ET 22.30</b>	<b>Chris Robinson</b>	<b>Jacob Hespeler SS</b>	<b>Cambridge</b>	<b>1991</b>
400 metres	ET 49.82	Ian Butcher	Bishop Reding HS	Milton	2002
<b>400 metres</b>	<b>ET 50.54</b>	<b>Andre Ford-Azonwanna</b>	<b>J. Cardinal McGuigan CHS</b>	<b>Toronto</b>	<b>2010</b>
<b>800 metres</b>	<b>ET 1:53.24</b>	<b>Kevin Sullivan</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1989</b>
<b>1500 metres</b>	<b>ET 3:54.31</b>	<b>Kevin Sullivan</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1989</b>
3000 metres	HT 8:40.3	Chris Brewster	London Catholic Central	London	1979
<b>3000 metres</b>	<b>ET 8:54.26</b>	<b>Muhumed Sirage</b>	<b>Montcalm SS</b>	<b>London</b>	<b>2012</b>
100 m hurdles (0.838 m)	ET 13.26	Jermain Martinborough	Pickering HS	Pickering	1997
<b>100 m hurdles (0.838 m)</b>	<b>ET 13:50</b>	<b>Gabriel Tesfaye</b>	<b>Oakridge SS</b>	<b>London</b>	<b>2007</b>
300 m hurdles (0.838 m)	ET 39.12	Jermain Martinborough	Pickering HS	Pickering	1997
<b>300 m hurdles (0.838 m)</b>	<b>ET 40.01</b>	<b>Jordan Sherwood</b>	<b>Cameron Heights CI</b>	<b>Kitchener</b>	<b>2010</b>
4 x 100 m relay	ET 44.08	Andrew Leich, Kelsey Armstrong, Brian Emanuel, Shayne Mauricette	St. Michael's College	Toronto	1988
<b>4 x 100 m relay</b>	<b>ET 44.51</b>	<b>Matthew Anane, Omari Morris, Oshane Thompson, Stefan Saini</b>	<b>Pickering HS</b>	<b>Pickering</b>	<b>2009</b>
High jump	2.04 m	Michael Ponikvar	Denis Morris HS	St. Catharines	1995
<b>High jump</b>	<b>1.95 m</b>	<b>Jeff Webb</b>	<b>Eden High School</b>	<b>St. Catharines</b>	<b>2007</b>
Pole vault	4.45 m	Drew Barrett	King City SS	King City	1992
<b>Pole vault</b>	<b>3.75 m</b>	<b>Joel Mueller</b>	<b>Ridgeway-Crystal Beach HS</b>	<b>Ridgeway</b>	<b>2012</b>
Long jump	6.79 m	Bobby Lewelleyn	George Harvey CI	York	1986
<b>Long jump</b>	<b>6.64 m</b>	<b>Carlin McLean</b>	<b>Orchard Park SS</b>	<b>Stoney Creek</b>	<b>2006</b>
Triple jump	14.17 m	Devon Davis	Pickering HS	Pickering	1994
Triple jump	14.17 m	Kriss Peterson	Sandwich SS	Windsor	1994
<b>Triple jump</b>	<b>13.56 m</b>	<b>Mitchell O'Donnell</b>	<b>Cameron Heights CI</b>	<b>Kitchener</b>	<b>2009</b>
Shot put (4 kg)	18.94 m	Shaun Cormier	Parry Sound HS	Parry Sound	1994
<b>Shot put (4 kg)</b>	<b>16.95 m</b>	<b>Jackson Gray</b>	<b>Sarnia CI &amp; TS</b>	<b>Sarnia</b>	<b>2006</b>
<b>Discus (1 kg)</b>	<b>58.98 m</b>	<b>Rob Town</b>	<b>Orillia DCVI</b>	<b>Orillia</b>	<b>1973</b>
Javelin (600 gm)	63.10 m	Tom Gawinski	Sarnia Northern CI	Sarnia	1974
<b>Javelin (600 gm)</b>	<b>57.95 m</b>	<b>Ray Dykstra</b>	<b>Grimsby DSS</b>	<b>Grimsby</b>	<b>2007</b>

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### OFSAA Track & Field Records - Junior Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
<b>100 metres</b>	<b>ET 10.53</b>	<b>Andre Ford-Azonwanna</b>	<b>J. Cardinal McGuigan CHS</b>	<b>Toronto</b>	<b>2011</b>
200 metres	ET 21.30	Atlee Mahorn	Central Technical School	Toronto	1983
200 metres	HT 21.0	Eric Frempong	Martingrove CI	Etobicoke	1993
<b>200 metres</b>	<b>ET 21.40</b>	<b>Andre Ford-Azonwanna</b>	<b>J. Cardinal McGuigan CHS</b>	<b>Toronto</b>	<b>2011</b>
400 metres	ET 47.69	Liam Card	Saugeen DSS	Port Elgin	1997
<b>400 metres</b>	<b>ET 48.58</b>	<b>Brandon McBride</b>	<b>W. F. Herman SS</b>	<b>Windsor</b>	<b>2010</b>
800 metres	ET 1:50.35	Nathan Brannen	Preston HS	Cambridge	2000
<b>800 metres</b>	<b>ET 1:54.82</b>	<b>Trent Sayers</b>	<b>Sinclair SS</b>	<b>Whitby</b>	<b>2007</b>
1500 metres	ET 3:46.52	Kevin Sullivan	North Park C & VS	Brantford	1991
<b>1500 metres</b>	<b>ET 3:55.38</b>	<b>Robert Denault</b>	<b>Aurora HS</b>	<b>Aurora</b>	<b>2009</b>
3000 metres	ET 8:20.78	John Castellano	W. A. Porter CI	Scarborough	1983
<b>3000 metres</b>	<b>HT 8:33.65</b>	<b>John Paul Malette</b>	<b>Assumption College</b>	<b>Windsor</b>	<b>2007</b>
<b>100 m hurdles (0.914 m)</b>	<b>ET 13.31</b>	<b>Gregory MacNeill</b>	<b>Mother Teresa CHS</b>	<b>London</b>	<b>2008</b>
110 m hurdles (0.914 m)	ET 14.03	Paul Whitty	Saunders SS	London	1999
300 m hurdles (0.838 m)	ET 37.06	Troy Langevine	Agincourt CI	Scarborough	1992
<b>300 m hurdles (0.838 m)</b>	<b>ET 38.45</b>	<b>Brandon McBride</b>	<b>W. F. Herman SS</b>	<b>Windsor</b>	<b>2010</b>
4 x 100 m relay	ET 42.42	Chris Keane, Vidal Rodriguez, Greg Davis, Rayton Archer	Central Technical School	Toronto	1989
<b>4 x 100 m relay</b>	<b>ET 43.50</b>	<b>Khalil Jones, Brandon McBride, Cody Brown, Jaydon Gauthier</b>	<b>W. F. Herman SS</b>	<b>Windsor</b>	<b>2010</b>
High jump	2.14 m	Michael Ponikvar	Denis Morris HS	St. Catharines	1997
<b>High jump</b>	<b>2.04 m</b>	<b>Michael Ponikvar</b>	<b>Denis Morris HS</b>	<b>St. Catharines</b>	<b>1995</b>
Pole vault	4.55 m	Jason Wurster	Ridgeway-Crystal Beach HS	Ridgeway	2002
<b>Pole vault</b>	<b>4.45 m</b>	<b>Drew Barrett</b>	<b>King City SS</b>	<b>King City</b>	<b>1992</b>
Long jump	7.28 m	Steve Grossett	Cardinal Carter SS	Aurora	1999
<b>Long jump</b>	<b>7.09 m</b>	<b>Mitch O'Donnell</b>	<b>Forest Heights CI</b>	<b>Kitchener</b>	<b>2010</b>
Triple jump	14.90 m	Kenen Shadd	Grand River CI	Kitchener	2000
<b>Triple jump</b>	<b>14.34 m</b>	<b>Mitch O'Donnell</b>	<b>Forest Heights CI</b>	<b>Kitchener</b>	<b>2010</b>
Shot put (5.45 kg)	18.20 m	Shaun Cormier	Parry Sound HS	Parry Sound	1996
<b>Shot put (4 kg)</b>	<b>19.72 m</b>	<b>Tim Nedow</b>	<b>Thousand Islands SS</b>	<b>Brockville</b>	<b>2006</b>
Discus (1.62 kg)	53.18 m	Ernie Demarse	Assumption HS	Windsor	1975
<b>Discus (1 kg)</b>	<b>70.79 m</b>	<b>Jordan Young</b>	<b>St. Joseph's HS</b>	<b>London</b>	<b>2009</b>
Javelin (800 gm)	65.84 m	Trevor Snyder	St. Joseph's HS	Windsor	1999
<b>Javelin (600 gm)</b>	<b>69.28 m</b>	<b>Trent Corney</b>	<b>Thousand Islands SS</b>	<b>Brockville</b>	<b>2009</b>

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### OFSAA Track & Field Records - Senior Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
<b>100 metres</b>	<b>ET 10.41</b>	Carlton Chambers	Ascension of Our Lord CSS	Mississauga	1994
<b>200 metres</b>	<b>ET 20.99</b>	Oluwasegun Makinde	Colonel By SS	Ottawa	2009
400 metres	ET 46.89	Peter Harper	Lorne Park SS	Mississauga	1979
<b>400 metres</b>	<b>ET 46.94</b>	Alistair Moona	Erindale SS	Mississauga	2010
<b>800 metres</b>	<b>ET 1:48.26</b>	Andrew Heaney	Cardinal Newman CSS	Toronto	2007
<b>1500 metres</b>	<b>ET 3:42.33</b>	Kevin Sullivan	North Park C & VS	Brantford	1993
<b>3000 metres</b>	<b>HT 8:00.2</b>	Greg Anderson	Parkside HS	Dundas	1987
<b>110 m hurdles (0.914 m)</b>	<b>ET 13.33</b>	Gregory MacNeill	Mother Theresa CSS	London	2010
110 m hurdles (0.991 m)	ET 13.78	Adam Kunkel	Walkerton DSS	Walkerton	2000
<b>400 m hurdles (0.914 m)</b>	<b>ET 51.68</b>	Phillip Hughes	Earl of March SS	Kanata	1985
4 x 100 m relay	ET 41.28	Wendell Charles, Ian Hilton, Davey Gill, Clive James	George Harvey CI	York	1988
<b>4 x100 m relay</b>	<b>ET 41.47</b>	Aaron Brown, Ian Warner, Trevor Harvey, Andre Hamilton	Birchmount Park CI	Scarborough	2008
<b>High jump</b>	<b>2.24 m</b>	Michael Ponikvar	Denis Morris HS	St. Catharines	1998
<b>Pole vault</b>	<b>4.87 m</b>	Rob Lindsay	South Carleton HS	Richmond	1984
<b>Long jump</b>	<b>7.73 m</b>	Taylor Stewart	Regina Mundi College	London	2010
<b>Triple jump</b>	<b>15.76 m</b>	George Wright	Vaughan Road CI	York	1982
<b>Shot put (5.45 kg)</b>	<b>20.09 m</b>	Mike Barnes	Saltfleet DHS	Stoney Creek	2005
<b>Discus (1.62 kg)</b>	<b>62.58 m</b>	Jason Tunks	Sir Frederick Banting HS	London	1995
<b>Javelin (800 gm)</b>	<b>71.22 m</b>	Trevor Snyder	St. Joseph's HS	Windsor	2000

### OFSAA Track & Field Records - Open Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
<b>2000 m steeplechase</b>	<b>ET 5:37.76</b>	Alain Boucher	ESC Algonquin	North Bay	1982
<b>4 x 400 m relay</b>	<b>HT 3:10.8</b>	Kingsley O'Henhen, Anthony Wilson, Phillip Gordon, Carl Folkes	Central Technical School	Toronto	1987

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### OFSAA Track & Field Records - Midget Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 12.05	Dionne Wright	C. W. Jefferys SS	North York	1989
<b>100 metres</b>	<b>ET 12.20</b>	<b>Cassandra Pascal</b>	<b>St. Marcellinus SS</b>	<b>Mississauga</b>	<b>2008</b>
<b>200 metres</b>	<b>ET 24.32</b>	<b>Christian Brennan</b>	<b>St. Mary CSS</b>	<b>Hamilton</b>	<b>2010</b>
<b>400 metres</b>	<b>HT 55.4</b>	<b>Linda Orr</b>	<b>Aldershot HS</b>	<b>Burlington</b>	<b>1978</b>
<b>400 metres</b>	<b>ET 55.95</b>	<b>Christian Brennan</b>	<b>St. Mary CSS</b>	<b>Hamilton</b>	<b>2010</b>
<b>800 metres</b>	<b>ET 2:09.58</b>	<b>Kailee Sawyer</b>	<b>Bluevale CI</b>	<b>Waterloo</b>	<b>2012</b>
1500 metres	ET 4:31.31	Alyson Kohlmeier	St. Patrick's HS	Sarnia	2002
<b>1500 metres</b>	<b>ET 4:36.27</b>	<b>Rebecca Wendt</b>	<b>Henry Street HS</b>	<b>Whitby</b>	<b>2010</b>
<b>3000 metres</b>	<b>ET 9:44.67</b>	<b>Jennifer Armstrong</b>	<b>London South SS</b>	<b>London</b>	<b>1986</b>
<b>80 m hurdles (0.762 m)</b>	<b>ET 11.29</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1996</b>
300 m hurdles (0.762 m)	ET 42.46	Jessica Zelinka	Sir Frederick Banting CI	London	1997
<b>300 m hurdles (0.762 m)</b>	<b>ET 43.13</b>	<b>Lexi Aitken</b>	<b>St. Anne's CSS</b>	<b>Clinton</b>	<b>2012</b>
4 x 100 m relay	ET 49.08	Victoria Bendle, Ashley Fader, Jessica Zelinka, Emily Carincross	Sir Frederick Banting CI	London	1997
<b>4 x100 m relay</b>	<b>ET 49.36</b>	<b>Jenysis Gordon, Simone Wark, Altaya Abbaglivo, Ola Ehirim</b>	<b>Bill Crothers SS</b>	<b>Unionville</b>	<b>2012</b>
<b>High jump</b>	<b>1.75 m</b>	<b>Shyla Cardy</b>	<b>E. L. Crossley SS</b>	<b>Fonthill</b>	<b>2012</b>
<b>Pole Vault</b>	<b>3.26 m</b>	<b>Alysha Newman</b>	<b>Mother Teresa CSS</b>	<b>London</b>	<b>2009</b>
<b>Long jump</b>	<b>5.76 m</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1996</b>
Triple jump	11.80 m	Crystal Shadd	Grand River CI	Kitchener	1991
<b>Triple jump</b>	<b>11.80 m</b>	<b>Tabia Charles</b>	<b>Pine Ridge SS</b>	<b>Pickering</b>	<b>2000</b>
Shot put (4 kg)	13.61 m	Sultana Frizell	Perth and District CI	Perth	2000
<b>Shot put (4 kg)</b>	<b>11.07 m</b>	<b>Eilish MacDonald</b>	<b>Merivale HS</b>	<b>Nepean</b>	<b>2009</b>
<b>Discus (1 kg)</b>	<b>40.78 m</b>	<b>Liz Polyak</b>	<b>North Park C &amp; VS</b>	<b>Brantford</b>	<b>1979</b>
<b>Javelin (600 gm)</b>	<b>41.24 m</b>	<b>Meredith Popp</b>	<b>Holy Names HS</b>	<b>Windsor</b>	<b>1995</b>

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### OFSAA Track & Field Records - Junior Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	ET 11.76	Angela Phipps	The Woodlands SS	Mississauga	1981
<b>100 metres</b>	<b>ET 11.77</b>	<b>Christian Brennan</b>	<b>St. Mary CSS</b>	<b>Hamilton</b>	<b>2011</b>
<b>200 metres</b>	<b>ET 23.87</b>	<b>Christian Brennan</b>	<b>St. Mary CSS</b>	<b>Hamilton</b>	<b>2011</b>
<b>400 metres</b>	<b>ET 53.66</b>	<b>Christian Brennan</b>	<b>St. Mary CSS</b>	<b>Hamilton</b>	<b>2011</b>
<b>800 metres</b>	<b>ET 2:08.29</b>	<b>Jessica Parry</b>	<b>Catholic Central HS</b>	<b>London</b>	<b>2007</b>
1500 metres	ET 4:28.09	Lianne McVey	New Liskeard SS	New Liskeard	1987
<b>1500 metres</b>	<b>ET 4:32.03</b>	<b>Jaimie Phelan</b>	<b>St. Mary's HS</b>	<b>Kitchener</b>	<b>2011</b>
3000 metres	ET 9:33.40	Jennifer Armstrong	Saunders SS	London	1987
<b>3000 metres</b>	<b>ET 10:00.90</b>	<b>Amanda Truelove</b>	<b>St. Joan of Arc HS</b>	<b>Barrie</b>	<b>2006</b>
80 m hurdles (0.762 m)	ET 11.22	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1981
<b>80 m hurdles (0.762 m)</b>	<b>ET 11.44</b>	<b>Chanice Taylor-Chase</b>	<b>Notre Dame CSS</b>	<b>Ajax</b>	<b>2009</b>
300 m hurdles (0.762 m)	ET 41.66	Nadia Schmiedt	John Paul II HS	London	1994
<b>300 m hurdles (0.762 m)</b>	<b>ET 42.46</b>	<b>Jessica Zelinka</b>	<b>Sir Frederick Banting CI</b>	<b>London</b>	<b>1997</b>
4 x 100 m relay	ET 47.91	Zeticia Gill, Cherise Devers, Leanne Gonsalves, Lindsay Wilson	Mary Ward CSS	Toronto	2001
<b>4 x 100 m relay</b>	<b>ET 48.49</b>	<b>Kyanna Sancho, Naomi Kerr, Khadijah Thompson, Keina Palmer</b>	<b>St. Edmund Campion CSS</b>	<b>Brampton</b>	<b>2010</b>
High jump	1.84 m	Julie White	Brampton Centennial SS	Brampton	1975
<b>High jump</b>	<b>1.75 m</b>	<b>Michelle Theophille</b>	<b>Father Leo J. Austin CSS</b>	<b>Whitby</b>	<b>2007</b>
<b>Pole vault</b>	<b>3.75 m</b>	<b>Alysha Newman</b>	<b>Mother Teresa CSS</b>	<b>London</b>	<b>2010</b>
Long jump	6.13 m	Nicole Ali	Woburn CI	Scarborough	1981
<b>Long jump</b>	<b>5.69 m</b>	<b>Chanice Taylor-Chase</b>	<b>Notre Dame CSS</b>	<b>Ajax</b>	<b>2009</b>
Triple jump	12.36 m	Tabia Charles	Pine Ridge SS	Pickering	2002
<b>Triple jump</b>	<b>11.97 m</b>	<b>Caroline Ehrhardt</b>	<b>Espanola HS</b>	<b>Espanola</b>	<b>2008</b>
Shot put (4 kg)	14.35 m	Sultana Frizell	Perth and District CI	Perth	2002
<b>Shot put (4 kg)</b>	<b>13.61 m</b>	<b>Sultana Frizell</b>	<b>Perth and District CI</b>	<b>Perth</b>	<b>2000</b>
Discus (1 kg)	43.42 m	Liz Polyak	North Park C & VS	Brantford	1981
<b>Discus (1 kg)</b>	<b>41.42 m</b>	<b>Sarah Moss</b>	<b>Notre Dame College</b>	<b>Welland</b>	<b>2010</b>
Javelin (600 gm)	46.60m	Margaret Griffiths	F. J. Brennan SS	Windsor	1989
<b>Javelin (600 gm)</b>	<b>43.95 m</b>	<b>Brooke Rowland</b>	<b>Westside SS</b>	<b>Orangeville</b>	<b>2010</b>

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100 metres	ET 11.54	Ashley Purnell	St. Mark HS	Manotick	2002
200 metres	ET 23.69	Khamica Bingham	Heart Lake SS	Brampton	2012
400 metres	ET 53.32	Charmaine Crooks	West Toronto SS	Toronto	1980
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa	1984
1500 metres	ET 4:23.52	Alison Wiley	Branksome Hall	Toronto	1982
3000 metres	ET 9:30.64	Kate Wiley	Branksome Hall	Toronto	1981
100 m hurdles (0.838 m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa	1982
100 m hurdles (0.762 m)	ET 13.41	Perdita Felicien	Pine Ridge SS	Pickering	1998
400 m hurdles (0.762 m)	ET 58.65	Nadia Schmiedt	John Paul II HS	London	1995
4 x 100 m relay	ET 47.60	Omoye Ugiagbe, Zeticia Gill, Leanne Gonsalves, Lindsay Wilson	Mary Ward CSS	Scarborough	2003
High jump	1.88 m	Julie White	Brampton Centennial SS	Brampton	1979
Pole vault	4.06 m	Alysha Newman	Mother Teresa CSS	London	2012
Long jump	6.16 m	Keron Hamilton	Burlington Central HS	Burlington	1986
Triple jump	12.78 m	Caroline Ehrhardt	Espanola HS	Espanola	2010
Shot put (4 kg)	14.86 m	Brittany Crew	Birchmount Park CI	Scarborough	2012
Discus (1 kg)	47.62 m	Michelle Brotherton	Birchmount Park CI	Scarborough	1986
Javelin (600 gm)	49.48 m	Louise Perreault	Arnprior DHS	Arnprior	1986

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4 X 400 m relay	ET 3:47.35	Lindsay Wilson, Danielle Abraham, Zeticia Gill, Omoye Ugiagbe	Mary Ward CSS	Scarborough	2002
1500 m steeplechase	ET 4:55.92	Haley Cadwallader	Sarnia CI & TS	Sarnia	2009
1500 m steeplechase	ET 4:57.87	Julie-Anne Staehli	F. E. Madill SS	Wingham	2012

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### Canadian Interscholastic Track & Field Records - Boys

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	HT 10.4	Hugh Spooner	Newtonbrook SS	North York, Ont.	1975
	HT 10.4	Desai Williams	Northview Heights SS	North York, Ont.	1978
	ET 10.41	Carlton Chambers	Ascension of Our Lord HS	Mississauga, Ont.	1994
200 metres	ET 20.95	Atlee Mahorn	Central Technical School	Toronto, Ont.	1984
400 metres	ET 46.27	Carl Folkes	Central Technical School	Toronto, Ont.	1987
800 metres	ET 1:47.14	Brandon McBride	W. F. Herman SS	Windsor, Ont.	2012
1500 metres	ET 3:42.33	Kevin Sullivan	North Park C & VS	Brantford, Ont.	1993
3000 metres	HT 8:00.2	Greg Anderson	Parkside HS	Dundas, Ont.	1987
5000 metres	ET 14:35.06	Jeff Schiebler	New Westminster HS	New Westminster, B.C.	1990
110 m hurdles (0.991 m)	ET 13.33	Gregory MacNeill	Mother Theresa CSS	London, Ont.	2010
300 m hurdles (0.838 m)	ET 37.06	Troy Langevine	Agincourt CI	Scarborough, Ont.	1992
400 m hurdles (0.914 m)	ET 51.68	Phillip Hughes	Earl of March SS	Kanata, Ont.	1985
4 x 100m relay	ET 41.28	Wendell Charles, Ian Hilton, Davey Gill, Clive James	George Harvey CI	York, Ont.	1988
4 x 400m relay	HT 3:10.8	Kingsley O'Henhen, Anthony Wilson, Phillip Gordon, Carl Folkes	Central Technical School	Toronto, Ont.	1987
1500m racewalk	ET 6:07.61	Eric Roze	Dutchess Park HS	Prince George, B.C.	1999
1500m steeplechase	HT 4:14.1	Dave Peckham	East Northumberland SS	Brighton, Ont.	1977
2000m steeplechase	ET 5:37.76	Alain Boucher	ESC Algonquin	North Bay, Ont.	1982
High Jump	2.24 m	Michael Ponikvar	Denis Morris HS	St. Catharines, Ont.	1998
Pole Vault	5.10 m	Doug Wood	F. E. Madill SS	Wingham, Ont.	1985
Long Jump	7.75 m	Brian Thomas	Central Technical School	Toronto, Ont.	1990
Triple Jump	15.76 m	George Wright	Vaughan Road CI	York, Ont.	1982
Shot Put (5.45 kg)	20.78 m	Brad Snyder	St. Joseph's HS	Windsor, Ont.	1995
Discus (1.62 kg)	64.94 m	Jason Tunks	Sir Frederick Banting HS	London, Ont.	1995
Javelin (800 gm)	73.76 m	Trevor Snyder	St. Joseph's HS	Windsor, Ont.	2001
Hammer (5.45 kg)	75.22 m	Dylan Armstrong	Westsyde HS	Kamloops, B.C.	1999
Decathlon	6685 points	Derek Evely	Burnaby Central HS	Burnaby, B.C.	1983

### Canadian Interscholastic Track & Field Records - Girls

EVENT	RECORD	NAME	SCHOOL	TOWN OR CITY	YEAR SET
100 metres	HT 11.3	Angella Taylor	Parkdale CI	Toronto, Ont.	1979
	ET 11.54	Ashley Purnell	St. Mark HS	Manotick, Ont.	2002
200 metres	HT 23.3	Angella Taylor	Parkdale CI	Toronto, Ont.	1979
	ET 23.56	Christian Brennan	St. Mary CSS	Hamilton, Ont.	2011
400 metres	ET 52.69	Christian Brennan	St. Mary CSS	Hamilton, Ont.	2012
800 metres	ET 2:05.94	Elise Braithwaite	Elmwood School for Girls	Ottawa, Ont.	1984
1500 metres	ET 4:23.52	Alison Wiley	Branksome Hall	Toronto, Ont.	1982
3000 metres	ET 9:30.64	Kate Wiley	Branksome Hall	Toronto, Ont.	1981
80 m hurdles (0.762 m)	ET 11.01	Jessica Zelinka	Sir Frederick Banting CI	London, Ont.	1998
100 m hurdles (0.838 m)	ET 13.78	Karen Nelson	Dr. F. J. Donevan CI	Oshawa, Ont.	1982
100 m hurdles (0.762 m)	ET 13.15	Jessica Zelinka	Sir Frederick Banting CI	London, Ont.	2000
300 m hurdles (0.762 m)	ET 41.66	Nadia Schmiedt	John Paul II HS	London, Ont.	1994
400 m hurdles (0.762 m)	ET 58.03	Nadia Schmiedt	John Paul II HS	London, Ont.	1995
1500 m steeplechase	ET 4:55.92	Haley Cadwallader	Sarnia CITS	Sarnia, Ont.	2009
1500 m steeplechase	ET 4:57.87	Julie-Anne Staehli	F.E. Madill SS	Wingham, Ont.	2012
4 x 100 m relay	ET 47.60	Omoye Ugiagbe, Zeticia Gill, Leanne Gonsalves, Lindsay Wilson	Mary Ward CSS	Scarborough, Ont.	2003
4 x 400 m relay	ET 3:47.35	Lindsay Wilson, Danielle Abraham, Zeticia Gill, Omoye Ugiagbe	Mary Ward CSS	Scarborough, Ont.	2002
1500m racewalk	ET 6:26.67	Megan Huzzey	Belmont HS	Victoria, B.C.	2003
High Jump	1.88 m	Julie White	Brampton Centennial SS	Brampton, Ont.	1979
Pole Vault	4.06 m	Alysha Newman	Mother Teresa CSS	London, Ont.	2012
Long Jump	6.16 m	Keron Hamilton	Burlington Central HS	Burlington, Ont.	1986
Triple Jump	12.78 m	Caroline Ehrhardt	Espanola HS	Espanola, Ont.	2010
Shot Put (4 kg)	14.86 m	Brittany Crew	Birchmount Park CI	Scarborough, Ont.	2012
Discus (1 kg)	52.52 m	Michelle Brotherton	Birchmount Park CI	Scarborough, Ont.	1986
Javelin (600 gm)	51.94 m	Cheryl Coker	Carleton Place HS	Carleton Place, Ont.	1984
Hammer	54.80 m	Asianna Covington	Little Flower Academy	Vancouver, B.C.	2012
Heptathlon	5262 points	Kelly Ann Kempf	D. W. Poppy HS	Langley, B.C.	1985

Records kept by:

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