



# OFSAA TRACK AND FIELD 2019 SCHEDULE

## University of Guelph



### Day 1 - Thursday June 6th, 2019

TRACK				FIELD		
TIME	EVENT	AGE	HEAT/FINAL	TIME	EVENT	AGE
4:00	Steeplechase 2000m	OG OB	Heats	2:00	Long Jump	MG
4:45	400m	MG MB JG JB SG SB	Heats		Discus	JB
6:00	1500m	MG MB JG JB SG SB	Heats	3:00	Pole Vault	MB
7:30	4 x 100m Relay	MG MB JG JB SG SB	Heats		Shot Put	MB
				4:00	Triple Jump	JG
					Javelin	SB
					High Jump	SG
				5:00	Shot Put	MG
				6:00	Discus	JG
					Long Jump	MB

### Day 2 - Friday June 7th, 2019

TIME	EVENT	AGE	HEAT/FINAL	TIME	EVENT	AGE
10:00	Sprint Hurdles	MG JG SG MB JB SB	Heats	8:30	Javelin	SG
11:30	100m	IDG IDB; rest of para categories go directly to final MG MB JG JB SG SB	Heats		Triple Jump	MG
2:00	<b>OPENING CEREMONIES</b>			9:00	Pole Vault	MG
2:30	Steeplechase 2000m	OG OB	Finals		High Jump	SB
3:00	Sprint Hurdles	MG JG SG MB JB SB	Finals	10:30	Long Jump	JG
3:30	400m	MG MB JG JB SG SB	Finals		Javelin	MB
4:15	100m	VIG VIB AMBG AMBB IDG IDB MG MB JG JB SG SB	Finals	12:00	High Jump	MG
5:00	1500m	MG MB JG JB SG SB	Finals		Pole Vault	JB
5:45	4 x 100m Relay	SG SB JG JB MG MB	Finals		Shot Put	JB
6:15	4 x 400m Relay	OG OB	Heats	12:30	Triple Jump	SG
					Discus	SB
				2:30	Javelin	MG
					Long Jump	JB
				3:00	Shot Put	JG
					High Jump	MB
					Pole Vault	JG
				4:30	Discus	SG
					Triple Jump	SB

The Speed River Inferno will begin promptly at 7:00 pm



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### Day 3 - Saturday June 8th, 2019

TIME	EVENT	AGE	HEAT/FINAL	TIME	EVENT	AGE
9:00	Intermediate Hurdles	MG JG SG MB JB SB	Heats	9:00	Discus	MB
10:30	800m	IDB only; rest of para categories go directly to final SG SB JG JB MG MB	Heats		Triple Jump	JB
12:00	200m	SG SB JG JB MG MB	Heats	11:00	High Jump	JG
1:30	Intermediate Hurdles	MG JG SG MB JB SB	Finals		Pole Vault	SB
2:00	3000m	SG SB	Finals	11:30	Shot Put	VIG VIB AMBG AMBB
2:30	800m	VIG VIB AMBG AMBB IDG IDB SG SB JG JB MG MB	Finals	1:00	Discus	MG
3:15	3000m	JG JB	Finals		Triple Jump	MB
3:45	200m	WCG WCB SG SB JG JB MG MB	Finals	1:30	Shot Put	SG
4:15	3000m	MG MB	Finals	3:00	High Jump	JB
4:45	4 x 400m Relay	OG OB	Finals		Pole Vault	SG
5:00	Awards Presentation		Finals		Javelin	JG
					Long Jump	SB